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Patent claims:

- 1. A method of selecting a number or address from a list stored in a telecommunications device (1) for initiating a call or sending a message from the telecommunications device to said number or address, said list comprising names and one or more numbers and/or addresses corresponding to each name, the method comprising the steps of:
 - · displaying at least some of said stored names, and
- highlighting one of said displayed names,
 - c h a r a c t e r i z e d in that the method further comprises the step of displaying the highlighted name together with a default one of the one or more numbers and/or addresses corresponding to the highlighted name.
- 15 2. A method according to claim 1, c h a r a c t e r i z e d in that the method further comprises the step of indicating together with the default number or address whether the list comprises more than one number or address corresponding to the highlighted name.
- 3. A method according to claim 1 or 2, c h a r a c t e r i z e d in that the method further comprises the step of selecting the displayed default number or address, if this number or address is the only number or address in the list corresponding to the highlighted name.
- 4. A method according to claim 2, c h a r a c t e r i z e d in that the method further comprises the steps of:
 - scrolling, if it is indicated that the list comprises more than one number
 or address corresponding to the highlighted name, and if the displayed
 default number or address is not the one to which a call should be initiated or a message sent, through the numbers or addresses corresponding to the selected name by means of a 4-way navigation device
 (4) until the number or address to which a call should be initiated or a
 message sent is displayed; and

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- selecting, when the number or address to which a call should be initiated or a message sent is displayed, the displayed number.
- 5. A method according to any one of claims 1 to 4, c h a r a c t e r i z e d in that said default one of the one or more numbers and/or addresses corresponding to the highlighted name depends on a mode of said telecommunications device.
- 6. A telecommunications device (1) adapted to select a number or address from a list stored in the telecommunications device for initiating a call or sending a message from the telecommunications device to said number or address, said list comprising names and one or more numbers and/or addresses corresponding to each name, the telecommunications device being arranged to:
 - display at least some of said stored names, and
 - · highlight one of said displayed names,
 - c h a r a c t e r i z e d in that the telecommunications device (1) is further arranged to display the highlighted name together with a default one of the one or more numbers and/or addresses corresponding to the highlighted name.
 - 7. A telecommunications device according to claim 6, c h a r a c t e r i z e d in that the device is further arranged to indicate together with the default number or address whether the list comprises more than one number or address corresponding to the highlighted name.
 - 8. A telecommunications device according to claim 6 or 7, c h a r a c t e r i z e d in that the device is further arranged to select the displayed default number or address, if this number or address is the only number or address in the list corresponding to the highlighted name.
 - 9. A telecommunications device according to claim 7, c h a r a c t e r i z e d in that the device is further arranged to:

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- scroll, if it is indicated that the list comprises more than one number or address corresponding to the highlighted name, and if the displayed default number or address is not the one to which a call should be initiated or a message sent, through the numbers or addresses corresponding to the selected name by means of a 4-way navigation device (4) until the number or address to which a call should be initiated or a message sent is displayed; and
- select, when the number or address to which a call should be initiated or a message sent is displayed, the displayed number.

10. A telecommunications device according to any one of claims 6 to 9, c h a r a c t e r i z e d in that said default one of the one or more numbers and/or addresses corresponding to the highlighted name depends on a mode of said telecommunications device.